

# 25<sup>th</sup> ANNUAL HAMLETS SOCCER CAMP

(open to all)

PLAYERS DAY CAMP: BOYS & GIRLS: 8-15  
FOUR SESSIONS

**PREMIER CAMP\*\* Boys and Girls 12-15**

Goalkeeper camp full day + half and half  
July 26-30 + August 2-6

July 19-23 July 26-30 August 2-6 August 9-13

Experience the coaching that brought  
**55 STATE CHAMPIONSHIPS**  
to the **FULLER HAMLETS**

Main Camp: Bowden Fields, 605 Central Turnpike, Sutton.

Camp Director: Marc K. Bowden:

## STAFF

**CAMP DIRECTOR: Marc K. Bowden**

- Coaching 6 Massachusetts State Championships
- Region 1 Bronze Medallist
- USSF coaching license
- Fuller Hamlet Soccer Coach Boys 1984-88 2006-8 & Girls 1992-2006
- Player Fuller Hamlets 1972-84 (Final 4 three times)
- USSF Referee
- Head Coach Leicester H.S. Boys 1994-95 (District Final 4 twice & Conference Champs. 1995)
- Hamlets Soccer Camp 1989-90 & 1992-present
- Hamlets Community Outreach Coordinator 2007-9
- Elementary School Teacher, M. ED. Worcester Public Schools 1997-present

**ASSISTANT CAMP DIRECTOR Emeritus: Dr. Martyn J. Bowden**

- 3<sup>rd</sup> inductee Massachusetts Youth Soccer Hall of Fame: only coach inducted
- Coaching: 26 Massachusetts State Championships, 6 Final Four placings in Region 1
- MYSA youth coaching league record 532 wins, 58 ties, 21 losses (incl. Tournament and cups
- 857 wins, 107 ties, 89 losses)
- Played for University College, London, University of Nebraska, University of Cal, Berkeley
- Former Men's Head Coach University of Nebraska, Former Women's Co-coach Clark University
- Founder Fuller Hamlets Soccer Club 1972
- Professor, Clark University 1964-2004

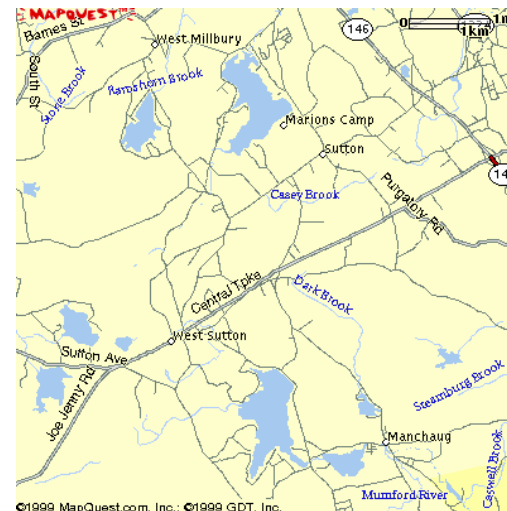
## CAMP COUNSELORS

Include current and former Fuller Hamlet players.

**Jared Stand:** Fuller Hamlets coach (2004- present) Played for Assumption College, Captain Teacher Douglas HS

**Glenn Melia:** Fuller Hamlets Coach (2008-present) Assumption College Womens Coach 2009-2010

**Brian Ginisi** Fuller Hamlets Goalkeeper coach 2009 Westfield State, Teacher Douglas HS



## MAP & DIRECTIONS TO FIELDS

605 Central Turnpike Sutton Ma 01590

Club: Fuller Hamlets Soccer Club

Directions: From East or West: I-90 Mass Pike to exit 10A, Route 146 South to West on Central Turnpike/Sutton Ave. Fields will be on the left, approx. 4.3 miles.

## THE PLAYERS CAMP PROGRAM

Training sessions encourage progressive development of each player. The camp is structured to meet the individual player's needs based on size, age, ability and playing experience.

### DAILY SCHEDULE

- 9:00 to 10:45 Technical Training
  - 10:45 to 12:00 Small sided & skill games
  - 12:00 to 12:30 Lunch
  - 12:30 to 2:30 Tactical Training
  - 2:30 to 3:15 Organized Large-sided Instructional Games
  - 3:15 to 3:30 Warm-downs & Announcements
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- Monday: Theory, practice of shooting & kicking stationary and moving ball(crossed ball)
  - Tuesday: Trapping, passing, receiving, drawing in, chipping, slotting, and controlled chip
  - Wednesday: Tricks & moves, “Fluney” crouch & jockeying defense, tackling, shielding the ball, Camp Challenge: Offensive & Defensive players compete one vs. one
  - Thursday: Volley, half-volley, turn & volley, shooting & deflection, lobbing the keeper, penalty kicking , Final Competition in the Ten Skills Games (groupings determined by age)
  - Friday ; Defense & Offense in the Box on corners, free-kicks & throw-ins, Offensive & Defensive tactics, Coaches (& parents ?) versus Campers, Camp Cookout, Final Awards Ceremony & Evaluations

(Schedule may be altered due to inclement weather or at the discretion of the Director)

(During inclement weather the camp will move to indoor facilities, specific information provided at sign-in.)

### PREMIER CAMP\*\*

Premier Camp is available when U12 or older MAPLE team of 8 or more players come for the same week. Premier camp is tailored to enhance the skills, speed, and endurance needed to meet the demands of Maple players.

## GOALKEEPER TRAINING PROGRAM

Program emphasizes separate, specialized, skills training sessions for goalkeepers including catching & diving for shots of different height and power, catching in a crowd: fielding crossed balls, tipping over & around: keeper-kicking. Keepers integrated into field player sessions to improve decision making & reading of real-game situations, e.g. breakaways & angles, dealing with pass-backs controlling the box; initiating offense.

Full day keeper program: July 26-30 August 2-6

Half day keeper program: July 26-30 August 2-6

## TUITION & REFUNDS

Tuition costs: Players camp \$250. Ball and two T-shirts included.

Online registration add 5%

A non-refundable \$125 registration fee must accompany the application (deducted from the tuition).

Refunds of registration fee returned to those excluded by enrollment limits.

Tuition balance refundable if your child cannot attend camp & if the camp is informed at least two weeks before camp starts. No refunds for early departures.

**Player Discounts:** Two week camp special \$450. Three week camp special \$650.

\$25 discount for each **additional** child enrolled in camp.

**Group Discount:** Any group with 7 or more players attending camp during the same week receives a discount of \$25 per player All GROUP Applications must be submitted in the same envelop.

**Only one discount per player allowed.**